

Course overview for the September 12th 2020 Adventure Race (8 hours format)

- TREKKING #1 start —————> Back to the starting line area to pick up your bike (BAG A)
- Start of MTB section #1 —————> Transition area (BAG B)
- Start of PADDLING section —————> Back to transition area (BAG B)
- Start of TREKKING #2 —————> Back to transition area (BAG B) to pick up your bike
- Start of MTB section #2 —————> CP 26, 27 and/or FINISH LINE

What goes in the bags:

BAG A (You may leave BAG A with your bike prior to start)

1. Spare shoes
2. Spare clothes
3. Food and *hydration

BAG B (The Raid Pulse support vehicle will bring bag B to TRANSITION AREA)

4. Spare shoes
5. Spare clothes
6. Food and *hydration
7. Life jackets (provided by Raid Pulse with the rental program)
8. Paddles (standard canoe paddles will be provided by Raid Pulse with the rental program)

* Note that you are responsible for your hydration during the event, the hydration stations in the transition areas are meant to be a backup only.

Important note: Box or cooler will not be accepted; you must use bags.

Teams that bring their own boats must bring them to the TRANSITION AREA before the start of the race (starting at 7:30AM Saturday morning).

TRANSITION AREA LOCATION: Information will be provided at the registration table at Headquarters.