

## How to get to the race site (Lac de l'Argile Resort)

From Ottawa

1. Highway 417 towards Ottawa
2. **Exit at 118** for **Nicholas Street** toward **Mann Avenue/Gatineau/Autoroute 5**
3. Mann becomes King Edward
4. Continue on King Edward; cross over to Gatineau on the MacDonald-Cartier Bridge
5. After you cross the bridge, take Highway 50 towards Gatineau/Montréal
6. **Exit at 174** for **309 N** toward **L'Ange-Gardien/Mont-Laurier**. Turn left and take route 309 towards Mont-Laurier.
7. Continue on 309 for 25km
8. When you are in Notre Dame de la Salette, turn right onto Chemin Thomas-Sud.
9. Continue on Thomas-Sud for 12km.
10. To reach Headquarters, go to the golf club.

From Montréal via Lachute:

1. Route 148 towards Gatineau (Hull).
2. After Thurso, continue onto route 148 for 10 km.
3. Turn right onto Chemin Pagé.
4. Turn left onto Chemin Lépine
5. Turn right to take Highway 50.
  6. **Exit at 174** for **309 N** toward **L'Ange-Gardien/Mont-Laurier**. Turn left and take route 309 towards Mont-Laurier.
  7. Continue on 309 for 25km
  8. When you are in Notre Dame de la Salette, turn right onto Chemin Thomas-Sud.
  9. Continue on Thomas-Sud for 12km.
  10. To reach Headquarters, go to the golf club.